
30 DAY BOOK

of MORMON

- 1 NEPHI 1-7**
Leaving Jerusalem, Laban, Ishmael
- 1 NEPHI 8-15**
Tree of life vision
- 1 NEPHI 16-22**
Wilderness journey, promised land
- 2 NEPHI 1-10**
Words of Lehi and Jacob
- 2 NEPHI 11-18**
Isaiah (You can do this!)
- 2 NEPHI 19-30**
Just a little more Isaiah...
- 2 NEPHI 31-JACOB 4**
Nephi's teachings, Jacob's teachings
- JACOB 5-OMNI**
Sermon on prayer, pride cycle
- W. OF M.-MOSIAH 8**
King Benjamin in Zarahemla
- MOSIAH 9-19**
Zeniff, King Noah and Abinadi
- MOSIAH 20-29**
King Limhi, Nephites
- ALMA 1-7**
Contentions, Alma preaches
- ALMA 8-16**
Alma travels and preaches
- ALMA 17-29**
Missions of the sons of Mosiah
- ALMA 30-35**
Zoramites
- ALMA 36-42**
Alma preaching to his sons
- ALMA 43-44**
War with the Lamanites
- ALMA 45-50**
Amalickiah's dissension
- ALMA 51-55**
Record of Helaman, war
- ALMA 56-63**
War, victory and peace
- HELANAN 1-6**
Gadianton robbers
- HELANAN 7-16**
Prophecy, Samuel the Lamanite
- 3 NEPHI 1-9**
Wars, destruction of the wicked
- 3 NEPHI 10-18**
Christ's ministry, Day 1
- 3 NEPHI 19-26**
Christ's ministry, Day 2
- 3 NEPHI 27-4 NEPHI**
Disciple's ministry, generations pass
- MORMON**
Writings of Mormon
- ETHER 1-6**
The Brother of Jared
- ETHER 7-15**
Jaredite kings, Ether
- MORONI 1-10**
Mormon's words, Moroni's closing

The Book of Mormon is a record of three groups of people in the Americas. **THE JAREDITES** (Book of Ether) who came to the new world at the time of the tower of Babel in eight barges. The journey took 344 days. After years of prospering, their civilization was destroyed by war. The last survivor, Coriantumr, was found by the Mulekites sometime before 200 B.C.

THE MULEKITES came to America from Jerusalem in 586 B.C. led by the last living son of Zedekiah, Mulek. They lived in America during the same period as the Nephites and Lamanites, they didn't encounter them until around 200 B.C. This group combined with the Nephites.

LEHI'S FAMILY was warned by God to flee Jerusalem at 600 B.C. They make their way to the southern part of Arabia, build a ship and sail across the Pacific Ocean to America. His sons, Nephi and Laman, struggle for leadership which leads to a division of warring factions. The last battle between the Nephites and Lamanites in 421 AD wipes out almost all of the Nephites. Moroni, the last surviving Nephite, buries the records of his civilization in the hill Cumorah. Hundreds of years later, Joseph Smith is directed to the spot.
